



Litterless Lunch tips

- Buying **tubs** of yogurt/applesauce and portioning into containers cuts back on cost and packaging. Try **Eco Containers** to prevent leaks!
- Get packs of small washcloths/cloth napkins and reusable cutlery from the dollar store!
- Use reusable, **Bisphenol-A free** drink containers. Did you know that soon plastic disposable water bottles will be banned?
- Purchase *large bags* of snacks like crispers, crackers, goldfish, etc. instead of individually wrapped items.
- Choose a lunch bag for your child that is roomy enough to comfortably pack reusable containers. **(Like the Balanced Day Lunch Kit!!)**
- Just think about the amount of garbage coming from schools every day. Let's all do our part to cut back on waste, and teach our children a valuable lesson!!

